

## How to get there – by bus

With our canoe we await your arrival on the river shore at Puerto Barantilla at the agreed time, usually in the early afternoon. From there we take you downstream in wide and safe motor canoes until we reach our lodge after approx. 10 minutes.

If you arrive earlier or later as foreseen, if you have any further questions or require our help, please feel free to contact us on this number: (from Ecuador) 06 301 77 02 or email [lianalodge@gmail.com](mailto:lianalodge@gmail.com)

### How to get from Quito to Tena by bus:

- We recommend taking the bus at 7:00 hrs from the **Terminal Quitumbe** in Quito. (Fee 6\$)
- You will arrive at the bus station (Terminal) in Tena between 12:00 and 13:00hrs. This is your final stop, avoid getting off the bus earlier.

### How to get from Quito to Baños by bus:

- We recommend taking the bus which leaves the Terminal de Buses at 8:00hrs.
- It will arrive at the bus station in Tena at 12:00 hrs. This is your final stop, avoid getting off the bus earlier.

### How to get from Tena to Puerto Barantilla (Liana Lodge) by bus:

- We recommend to take the bus leaving Tena **at 14:30 hrs**. The bus leaves for Puerto Barantilla/ SANTA ROSA DEL NAPO.



**This bus belongs to the bus company «Centinela del Tena».**

This bus station/office is situated in the left side when leaving the main terminal in Tena (2 blocks left on the main street from « Super Tia » supermarket)

The ticket cost 2\$ per person and can be bought at the bus terminal « Centinela del Tena » (left picture)

- The next bus leaves **at 16:00hrs** direction Puerto Barantilla / SANTA ROSA DEL NAPO.



**This bus belongs to the bus company «Jumandy».**

This bus station/office is situated in the right side when leaving the main terminal in Tena (1 block left on the main street from « Super Tia » supermarket)

The ticket cost 2\$ per person and can be bought at the bus terminal/office « Jumandy » (left picture)

- For the 45 km stretch of road you will need about 1 ½ hours



Puerto Barantilla (to the shores of the river) Final destination.

- **Please tell the bus driver that you want to get off at Puerto Barantilla.** The bus stops only 30 meters away from the shores of the river. (foto above) At the river a canoe is already waiting to pick you up and bring you to Liana Lodge.

#### **Travel by taxi from Tena to Puerto Barantilla**

- Taxis are easy available in Tena. The cost from Tena to Puerto Barantilla is \$ 25.00.
- We recommend to take the taxi of Mr. Nestor Miranda :
- Contact in Tena is Tel. No. 0995603248 or 0990833995



#### **Recommended restaurants in Tena**

- Restaurante Chuquitos
- Cafe Tortuga
- Restaurante « Super Pollo »

#### **Recommended hotels in Tena**

- Yutzos dos  
062 887 897 (approx. 10\$ per person)
- Hostal Welcome break  
062 886 301 (approx. 7\$ per person)

**We wish you a safe journey!**